



Japan Holidays

EXCLUSIVE TOUR

AUTUMN ALPS & NAKASENDO TOUR 2025

Tue 14 October - Mon 27 October 2025

From \$12,200 Per Person Twin Share



TOUR DESCRIPTION



13 Nights / 14 Days

Begin: Tuesday 14 October 2025 in Tokyo
End: Monday 27 October 2025 in Toyama



\$12,200pp - Twin Share

*Subject to exchange rate
Minimum 6 people / Max 12 people

Inclusions



Daily Breakfast, 11
Lunches & 11 Dinners



13 nights in quality
accommodations & authentic inns



Transfers, tours and entrance fees
listed on the tour



Tour Leader / Local expert
guides in each location

Exclusions: International or domestic airfares / Entrance fees & Meals not shown in itinerary

Highlights

Highlight! Enjoy picturesque hiking routes in the Northern Alps of Honshu

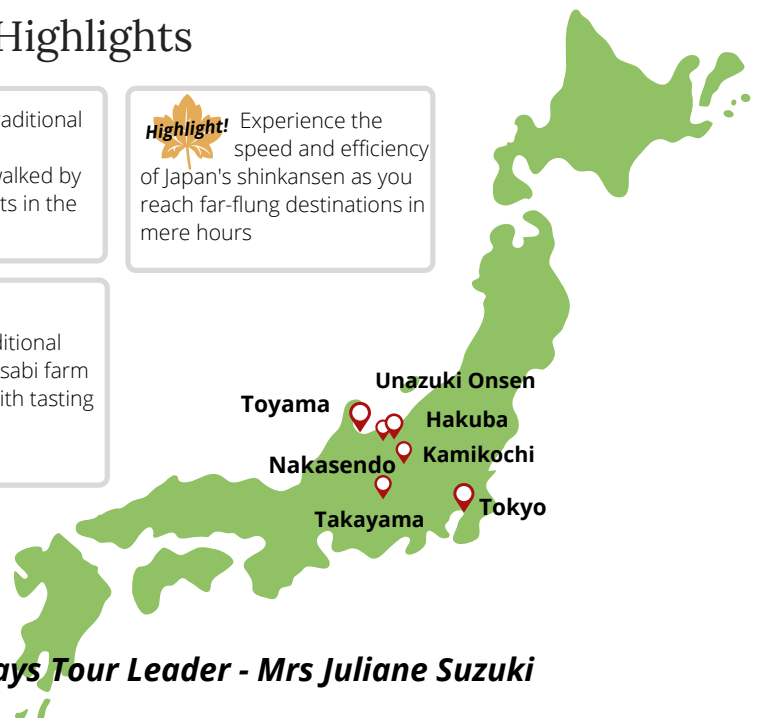
Highlight! Stay in a traditional inns on the Nakasendo route, walked by samurai & merchants in the Edo period.

Highlight! Experience the speed and efficiency of Japan's shinkansen as you reach far-flung destinations in mere hours

Highlight! Hike lesser known areas with some magnificent waterfalls amongst the autumn leaves.

Highlight! Visit a traditional sake brewery, a wasabi farm and miso factory with tasting experiences.

Highlight! Experience all these areas with local expert guides who have grown up in the areas.



Your Japan Holidays Tour Leader - Mrs Juliane Suzuki

Juliane spent almost 20 years living and working in Japan as an interpreter before moving back to Australia in 2015 and joining the Japan Holidays team. Travelling extensively throughout Japan and living in different regions of the country with her Japanese husband and bi-cultural children has given Juliane a really unique insight into this culture and lifestyle that few foreigners get to experience. Juliane loves being able to utilise her language skills and share her knowledge of Japan with clients to ensure they have the best possible experience during their time in Japan.

ITINERARY

14 October 2025 - 27th October 2025

1 TOKYO Arrival

Arrive into either Narita or Haneda International Airport. After clearing Customs, you'll be met by your driver and transferred to the hotel where Juliane will meet you.

Accommodation: Mercure Hibiya Tokyo (1 night)



2 TOKYO to HAKUBA

We travel via bullet train to Nagano, home of the 1998 Winter Olympics, where our private coach and local guide will meet us and transport us to Hakuba village. On the way, we stop for a sumptuous lunch by the lake before arriving at our accommodation. Enjoy a hot spring bath before or after dinner.

Accommodation: Mominoki Hakuba Hotel (2 nights)



3 HAKUBA

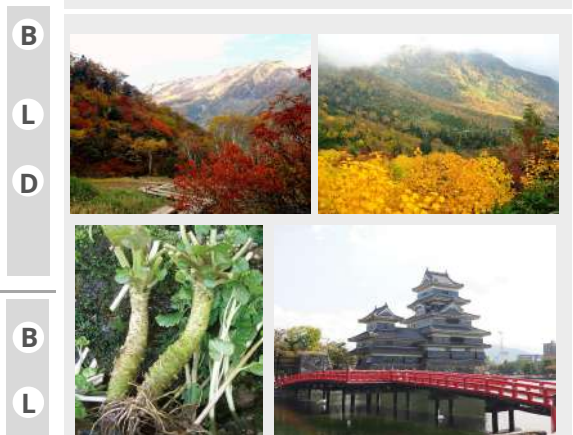
Our first hike of the tour is to the picturesque Happo pond located at an elevation of 2,060 meters. We take a gondola and a chair lift most of the way and then our hike to the pond is approximately 90mins up and then 60mins back down. There are lots of places to take a break and enjoy the magnificent scenery. We will have lunch back down in Hakuba at a local place.



4 HAKUBA to MATSUMOTO

Today, we travel again by chartered bus (15 mins) to Tsugaiike Nature Park, where we take a rope way to the area to commence our hike. There are several paths to take in this area but we plan to walk around 3 hrs today. It's mainly flat, well maintained boardwalks throughout this beautiful nature park. After the hike, we travel to Japan's largest Wasabi farm and then explore Matsumoto Castle before arriving at our hotel in Matsumoto around 5pm.

Accommodation: Buena Vista Hotel Matsumoto (2 nights)



5 KAMIKOCHI

After breakfast, we travel to the spectacular Kamikochi area, where we will hike for 2 -3 hours. We make our way back to Matsumoto mid-afternoon. Dinner is on your own tonight and Matsumoto has an abundance of great local restaurants just a short walk from our hotel. Juliane will be on hand to assist if needed.



6 NAKASENDO (TORII PASS)

Today we start the Nakasendo portion of the tour again travelling by chartered bus to begin the Torii pass hike, which will take around 3 hrs to cover 6kms. Tonight we stay in a traditional Inn, enjoy a magnificent Japanese dinner and experience true Japanese *Omotenashi* hospitality the old fashioned way.

Accommodation: Traditional Inn Narai-juku (1 night)



7 NAKASENDO (KISO-FUKUSHIMA)

We say goodbye to our first post town and head to the next, Kiso-Fukushima where we have two nights. Our chartered bus takes us to Mount Ontake, where a short cable car ride takes us to the start of our hike (around 90 mins). After lunch, we visit a couple of hidden waterfalls before arriving in Kiso-Fukushima, where we will explore the town.

Accommodation: Yamamizuki Urara Tsutaya (2 nights)



8 NAKASENDO (KISO-FUKUSHIMA)

Today is a mix of a great hike for 90 mins and cultural experiences. We'll try our hands at making traditional soba noodles, visit a sake brewery and miso factory. There will also be some time for a little shopping as this town is well known for its lacquer ware.

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**9 NAKASENDO (MAGOME)**

Today is a big day, our expert local guide will take us on a great hike (3hrs) into a gorgeous valley and up over a pass with beautiful views. We then travel by train to another village for a historical tour of the town and finally make our way to Magome by bus, where we have two nights.

Accommodation: Traditional Inn Magome (2 nights)

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**10 NAKASENDO (TSUMAGO)**

We explore Magome first with our local guide before our 8km (3hr) hike to the post town of Tsumago. We have some time in Tsumago as well before heading back to Magome.

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**11 TAKAYAMA**

We bid farewell to the Nakasendo and make our way by chartered bus to Takayama. Our local guide will show us around this delightful town and its Edo-period preserved streets this afternoon and then you will have some free time to shop. Takayama has a prolific artisan culture, providing you with an opportunity to get some lovely souvenirs from your time in Japan.

Accommodation: Hida Hotel Plaza Takayama (1 night)

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**12 TAKAYAMA TO UNAZUKI ONSEN**

Today, our chartered coach takes us to a lovely hike of around 90mins where we can enjoy 40 plus waterfalls. After lunch, we make our way to Unazuki Onsen, where you will have some free time to either relax in the onsen baths and explore the town.

Accommodation: Granvio Hotel Unazuki Onsen (1 night)

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**13 UNAZUKI ONSEN KUROBE GORGE**

This morning we ride the Kurobe Gorge train, which winds through tunnels and across bridges from Unazuki onsen to Nekomata offering us panoramic views of the gorge, dam and surrounding areas. After our train ride of 90 mins, we will have lunch and then do an easy 90 min hike around the area before making our way to Toyama, where we have our **Farewell Dinner** at a local restaurant.

Accommodation: ANA Crowne Plaza Toyama (1 night)

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**14 TOYAMA - Departure Day**

After breakfast, Juliane will assist you with your transfers for further travel in Japan or your flight home.

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End of Tour....

Sayonara!

Contact us

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