



*Japan Holidays*  
EXCLUSIVE TOUR

# WALK THE NAKASENDO TRAIL

Tour 1: Oct 13 (Tue) - Oct 20 (Tue) 2026

Tour 2: Nov 16 (Mon) - Nov 23 (Mon) 2026

From \$4675 Per Person Twin Share





# TOUR DESCRIPTION



8 days 7 nights tour  
Oct 13 (Tue) - Oct 20 (Tue) 2026  
Nov 16 (Mon) - Nov 23 (Mon) 2026  
Departing from Kyoto



\$A 4675 pp - Twin Share  
(Single Supplement - \$880.00 )  
\*Subject to exchange rate

## Inclusions



Daily breakfasts  
& dinners



Transfers, tours & entrance fees  
as per itinerary



Private escort /  
guide in Japan



7 Nights' accommodation in Western hotels &  
Japanese inns

Exclusions: International airfares / Entrance fees & Meals not shown in itinerary

## Highlights



**Highlight!** Stroll one of Japan's  
earliest, best-preserved post  
towns, where streetscapes  
evoke the Edo period.



**Highlight!** Visit Matsumoto  
Castle (National Treasure)



**Highlight!** Feel the warmth of  
the local hospitality  
and cuisine unique to this  
mountainous region.



**Highlight!** Experience a  
Kaiseki Cuisine feast



**Highlight!** Enjoy flexible  
pacing - long and short route  
options available.



**Highlight!** Enjoy the  
convenience of private  
coach travel for luggage and  
transfers.



**Highlight!** Enjoy staying in  
Japanese inns and  
enjoy local onsen bathing.



### *Your Hiking Guide – Quinlan Faris*

Originally from Madison, Wisconsin, USA, Quinlan moved to Japan more than two decades ago after spending 10 months in China. Following backpacking adventures through India and Nepal, he lived in Tokyo for about 10 years before settling in Iwate in 2010. Quinlan is now an experienced outdoor guide specializing in mountain and trail adventures, as well as a travel consultant and YouTuber.

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# ITINERARY

## 2026 Autumn Tours

- 1** Arrive in Kyoto and meet your guide at your hotel. Please enjoy a welcome dinner at a local restaurant to get acquainted with the guide and learn more about the Nakasendo, regions we'll be traveling through, and Japanese history and culture.

*Accommodation: Kyoto- Western-style hotel*

**D**



- 2** Explore Kibune and Ohara area  
We will take a train from the hotel to Kibuneguchi Station and walk to Kifune Shrine, famous for its stunning stone steps lined with red lanterns, unique water fortune-telling (mizukuji). Afterwards, we will move to Ohara area, known as a peaceful escape with historic Buddhist temples and beautiful seasonal gardens.

*Accommodation: Kyoto- Western-style hotel*

**B**

**D**



- 3** Walk along Japan's oldest documented road  
Take the train to Nara for hiking the Yamanobe no Michi, said to be Japan's oldest road. This ancient path is recorded as "Yamanobe no Michi" in the Kojiki and Nihon Shoki. Along the way, we'll pass ancient shrines and temples like Ōmiwa Shrine and Chogakuji Temple, as well as ancient burial mounds associated with the early Yamato royal authority.

*Accommodation: Kyoto- Western-style hotel*

**B**

**D**



- 4** Magome-juku to Tsumago-juku  
We'll take a private bus from Kyoto to Magome, to begin our walk to Tsumago. Magome climbs a cobbled slope and has been carefully restored to evoke the Edo-period feel, with Tsumago (the 42nd post town) the pioneer of post-town preservation.

*Accommodation: Hirugami Onsen or Nagiso Onsen: Japanese inn*

**B**

**D**



- 5** Walk from the Nenoue Pass  
We start high at Nenoue Pass and descend along the historic Yogawa-michi. Expect cedar forest, mossy stone markers, small shrines, and farm hamlets – classic pastoral Japanese scenery and quiet walks on trails we'll largely have all to ourselves. At the end of the hike, the bus will take us back to Nagiso Onsen.

*Accommodation: Nagiso Onsen: Onsen Hotel*

**B**

**D**



- 6** Walk from Yabuhara over the Torii Pass into Narai-juku. Climb from Yabuhara. Climb from Yabuhara through a cedar forest and old stone paving to Torii Pass – a famed hard section of the Nakasendo. Dropping into Narai-juku, the streets run nearly one kilometer in a continuous row of late-Edo machiya inns and merchant houses. After the walk, our bus will take us to Matsumoto.

*Accommodation: Matsumoto: Western-style hotel*

**B**

**D**



- 7** Matsumoto Castle Town Stroll  
In the early morning, begin inside one of Japan's few surviving original castles, Matsumoto Castle. Afterwards, free at your leisure until leaving for Tokyo. Wander a historic shopping district famous for its beautifully preserved Edo-period kura (traditional storehouses) with distinctive black-and-white patterned walls and enjoy great spots for snacks and antiques. Take an express train to Shinjuku.

*Accommodation: Tokyo: Western-style hotel*

**B**

**D**



- 8** The tour ends after breakfast. Your guide will be available to offer suggestions and assistance with any further adventures you may wish to have while you are in Japan!

**B**

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